



Great Wall Nepal Pvt. Ltd.

... Travel Beyond



Voluntourism

Voluntourism is a combination of the words Volunteer and Tourism. These two words combined explain what voluntourism means: An active way to fill up your holiday, by volunteering part of your holiday time for the greater cause.

Why volunteer in Nepal?



Nepal is considered to be one of the most beautiful countries in the world which possesses diverse landscapes ranging from the well-known peaks of the Himalaya to low-lying Terai regions. There are several ethnic groups dwelling (living) in harmony with over 70 languages or dialects and a wide range of traditional festivals celebrated throughout the year.

Statistically seen Nepal is one of the poorest countries in the world. Socially and economically people are less developed due to the low rates of literacy, high rates of poverty and persistent gender imbalance. A large number of people living in rural areas and even in urban areas do not have access to education because these people don't have adequate income to even support their family. Statistics show that 26 percent of the total population living in Nepal is below the poverty line, which means that they earn less than \$240 a year. These people lack basic facilities such as education and health. Even the government of Nepal is frequently unable to provide adequate education and health facilities throughout the country so both urban and rural areas are forced to live without necessary resources to promote growth and development of their communities.

Why volunteer with us?

As human being we share this universe under the same sky. Throughout the world there is a strong believe that every human has equal rights to live their lives. In reality if we see the life style of people living in the same universe, we can find a vast difference. For example in Nepal 26% of total population lives below the poverty line and are lacking proper health care facilities, education facilities and even nutrition for their children. Our main purpose of this volunteer tourism (Voluntourism) is to address these issues by partnering with institutions and organisations in Nepali communities and ensure that our profit goes for the welfare of these people.

Great Wall Nepal cooperates with many organisations within and outside the Kathmandu Valley. These organisations work on health care, environmental, educational and income generating projects. These projects provide opportunities for national and international volunteers to work for the welfare of local communities. Great Wall Nepal also provides you an atmosphere for in-depth understanding of local culture via Home stay programmes or living together with the local families and cultural exchange programmes.

Here at Great Wall Nepal we ensure that all volunteers are provided with a safe, enriching and very rewarding and life-changing experience. Your "efforts" can bring great changes in the lives of individual people and the wider community. Other benefits that Great Wall Nepal volunteers enjoy include discounted rates to many Nepali attractions such as Trekking, Rafting, Bungee Jumping, Jungle Safari, Mountain Flights guided sight-seeing and much more!



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What differentiates us?

- The concept of volunteer tourism has been developed with the intention of helping the people living below poverty line.
- The project is founded and run by the foreign and Nepali professionals having a wide knowledge on this phenomenon.
- Great Wall Nepal believes the concept of Sustainable Development, means we draw attention to the locals' benefits and equally focus on nature.
- Great Wall Nepal provides volunteer opportunities in various fields considering the experience and interests of our clients. We are flexible in helping you to find an opportunity in the by you chosen field.
- Great Wall Nepal is always transparent to what we do and how we provide benefits to the local community.
- Great Wall Nepal also provides placement opportunities to the students as per their requirement in the social organisations.

Programmes

Great Wall Nepal offers a variety of options considering the interest of our clients. We are a fully devoted team and as well dedicated to your service as to the benefits of the beneficiaries. We are confident that we can find a placement or volunteer experience according to your interest whether you are a qualified teacher, doctor or builder, or do not have any specific experience and ensure you that your contribution would give maximum benefits to the community you work. You can choose the fields of your interest:

- [Volunteering in Schools in Nepal](#)
- [Teacher Training and Subject Specific Teaching](#)
- [Teaching in Monasteries](#)
- [Volunteering in Orphanages](#)
- [Volunteer Health Placements](#)
- [Volunteering at a Centre for the Disabled](#)
- [Volunteering in a Deaf School](#)

Volunteering in Schools

Great Wall Nepal provides the opportunity to be together with the students of different levels and share your knowledge with them. As a volunteer you will enjoy teaching in a complete new atmosphere. Of course you will come across with several challenges while dealing with the students from different background. You will experience the differences between the students from your society in comparison to Nepalese society which will provide you valuable experience in your life.

As a volunteer, it is important for you to understand the things from Nepalese perspective. Sometime there can be misunderstanding between you and children or the other local staff. Thus you need to have a good interaction and sort out the major reasons of your misunderstanding.

As a Volunteer you can assist with teaching at pre-school, primary, lower secondary and higher secondary levels. At any level, volunteer teachers can teach any of the core subjects such as English, mathematics, science, social sciences, and can initiate extra-curricular activities such as art, music, sports and drama. A teaching qualification is required to teach at secondary level. Professional teachers, TEFL holders, educational charity workers and professional trainers are well placed to teach English and reading classes to Nepali students at secondary and higher secondary levels.

If you are well qualified and experienced teacher and have desire to share your skills, we will provide you an opportunity as trainer for teachers in Nepal.



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Program requirements:

- No major health problems
- Eligible to obtain a tourist visa to Nepal
- A teaching qualification is not required for pre-school, primary and lower secondary teaching
- A teaching qualification is required for secondary teaching
- A university degree is required for higher secondary teaching

Teaching in Monasteries

Buddhist monasteries are the centre of both religious practice and education study. There are a large number of Tibetan children living in Nepal following traditional education. The monks learn traditional monastic debate, logic, text-memorization and classical Tibetan Calligraphy as a priority in its curriculum.

These children are from economically backward society and some from the remote regions. They have no access to education of any kind back home. Their parents often can't afford to send their children to school even if a school exists in their village. So the monasteries are only the place which provides them an opportunity for education of Buddha along with modern education.

Apart from the education the monk and nunnery students are provided with the facilities of boarding, food, stationery, medicine, and opportunities to grow and other important needs, free of cost. However the financial constraints the Nepalese government does not provide any financial contributions or subsidy to these students; the education costs are met by voluntary donation.

Your responsibility as a volunteer at a Buddhist monastery is to provide basic conversational English instruction to monks and nunnery students. You will be responsible for planning your own creative English lessons and activities, such as games, drawing and painting, and observe and participate in traditional Buddhist rituals. If the volunteers are interested they can also participate in some monastery run programs and meditation during free time. Your teaching will have a great contribution in the students' life. These children later in the future will be able to explore more scriptures written in English and to circulate Buddhist teaching practice to the whole world.

Program requirements:

- You do not need any formal teacher training or experience to participate, but whatever experience you do have will be taken into account when arranging your day-to-day activities.
- Eligible to obtain a tourist visa to Nepal
- A good command of oral and written English
- Volunteers need to be independent, enthusiastic and adaptable, hard-working with an open-minded attitude.
- International volunteers are welcome.

Volunteering in Orphanages

Your contribution makes a great difference to the lives of under-privileged children. Great Wall Nepal has launched this program in order to make your dream fulfilled.

The children without parents need affection and care along with study. As a volunteer in the orphanages you will be a mentor by becoming a 'big brother' or 'big sister' to the kids living in the children's home. So you will have a great role to play even as a teacher working together with the local staff. You will have full authority to organize different program with the co-ordination of the administration like arts and crafts, music, dance, games and other activities.



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Program requirements:

- Have no major health problem(s)
- Eligible to obtain a tourist visa to Nepal
- Flexible, committed, caring and adjustable

Medical Volunteering

There is a shortage of health professionals in Nepal. So if you possess inner desire to contribute to the improvement in the health of nation, Great Wall Nepal provides you an opportunity to work as a volunteer whether you are doctors, nurses and medical student. As a volunteer you can gain valuable experience in your expertise and learn new professional skills in a developing country.

Nepal lacks enough skilled health manpower. The number of doctors is lower than the standard of WHO. Considering this phenomenon Great Wall Nepal has launched Health Aid Program with the intention of assisting the volunteers to adjust in the field of their profession like health professionals, medical students and public health students. The program includes medical practice in health centers under the guidance of a health supervisor.

Volunteers will participate in empowering local people, helping at health centers, providing primary health care, supporting rural health workers, preparing health reports and taking classes to empower schoolchildren depending on their placement.

Medical Internships:

Great Wall Nepal provides you an opportunity to fulfill your desire to serve in the Developing country. To bring your dream into reality, you should consider Nepal as the best destination joining our medical internship program. You will have firsthand experience in the field of your profession.

As a volunteer you will work in the hospital under the guidance and supervision of Medical professional which enables you to gain valuable experience. You can choose the departments of your interest as per your study and experience: pathology, Surgery, emergency, O.P.D and general treatment. Your participation on any of these serves will be considered as a great contribution.

Rural Health Post Work:

There are several health problems in the rural side of Nepal .It's a pity that the locals suffering from normal diseases sometimes lose their life. So your responsibility in these areas is to assist the local staff and provide basic medical service and help the local to raise their health consciousness. We hope that you will have a great contribution in order to spread health education among the people in the rural areas by organizing various programs.

Rural Health Post Work:

We have already contacts with different organizations in Nepal which are facing the problem due to the lack of physiotherapist. If you are well qualified and experienced physiotherapist we expect you to perform your duty as Trainer. If you are students learning Physiotherapy, you can work under the guidance of experienced and qualified supervisor and gain valuable experience.

Program requirements:

- Have no major health problem(s)
- Eligible to obtain a tourist visa to Nepal
- Flexible, committed, caring and adjustable
- This program is only open for Medical Science Students/Professionals/ Health related Charity workers or Well trained/skilled/experienced on Health, Sanitation and personal hygiene



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Volunteer at a centre for disabled

Disabled people in Nepal are often forced to live in dark rooms because their family members feel ashamed of them and are angry at having lost prestige and respect through their relative. Often these individuals live a life where they feel no love, care or self worth and with no financial support, are often forced to begging in the street.



With the intention of helping these disabled people Great Wall Nepal provides you an opportunity of voluntary work in the schools which are especially for these disabled people. These students, having the several problems, always need love and care. As a volunteer, being together with these students, you will face many challenges. So as a big brother or sister you need to understand their psychology and take the situation under control.

Your duty is to look after these disabled children and you will have also a great role to play even as a teacher working together with the local staff. You will have full authority to organize different program with the co-ordination of the administration like arts and crafts, music, dance, games and other activities.

Program requirements:

- Have no major health problem(s)
- Eligible to obtain a tourist visa to Nepal
- " Be patient, friendly and approachable
- Willing to work with the people from various problems

Volunteer in a Deaf School

Most deaf people or those having hearing impaired do not have access to education or Sign Language training. It is therefore very difficult for deaf students to get proper education. Even at deaf school it is difficult to teach them due to the lack of curriculum.

Actually deaf students are easily motivated to learn reading and writing and equally eager to improve their skills. As a volunteer you will be together with these students up to 6 hours a day. Deaf children are particularly keen to learn English and so this is often the main role of a volunteer at the school. Based on the experience and skills, volunteers may also provide vocational training, other income generating training and introduce the use of new technology to these deaf people .So that it would be easier for them to run their lives later in the future.

This work can be very challenging because of all the different modes of communication used and learning difficulties encountered, but the staff at the school is always on hand to help you.

Program requirements:

- No major health problems
- Eligible to obtain a tourist visa to Nepal
- Understanding of International Sign Language
- Be patient, friendly and approachable
- Willing to learn Nepali Sign Language



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Costs

We are dedicated Nepali Organisation, so we assure you that your money is not spent on salaries and office space in Europe or America. We provide you the best service for a good price unlike the large international agencies that charge up to \$1,100 for a 2 week posting. Our prices may seem extremely low in comparison with these organisations, but we assure you that this has no influence on the quality of your voluntary work. As mentioned before we have set up voluntary tourism with the intention of helping the less fortunate, not to enrich ourselves. Due to this low profit margin we can keep the costs low. By keeping our overhead costs and profit margin low we can ensure that a greater deal of your money goes to:

- Operating Health clinics
- Supporting schools
- Supporting orphanages
- Building much needed facilities
- Scholarships for low income students
- Saving for upcoming programs

Duration	1 Week	2 Weeks	4 Weeks	6 Weeks	8 Weeks	12 Weeks	16 Weeks
Costs	€260	€440	€635	€775	€950	€1225	€1425

Includes:

- Food and Accommodation from the moment of landing at the airport to the final day of your placement.
- Guided sightseeing in Kathmandu
- 24hr availability of Great Wall Nepal staff for emergencies
- Airport collection and drop off

Not included:

- International flight
- Visa (\$40 a month)
- Vaccinations, Travel insurance
- Additional expenditures such as personal items, extra food & beverage and entertainment

