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... Travel Beyond



Trekking in Langtang Regions

The Langtang region is the third most popular trekking region after Everest and Annapurna. Langtang region offers a few advantages; it is less crowded, it is close to Kathmandu and the treks can start after an hour drive from the city, the treks can end or start from Kathmandu, trails lead right into the mountains within a few days of walk from Kathmandu valley, there is a fine view of interesting villages, mountain ranges and lakes. To the south of Langtang valley lies Helambu, the lower elevation area mainly inhabited by Sherpa community. The Helambu Trek only takes around a week so it is ideal for short treks in lower altitude and is culturally interesting.

Both Langtang and Helambu region have network of good lodges so a good teahouse trek can arranged in these areas in more economical way.

Langtang Gosaikunda Trek (Trek Begins in Kathmandu)



Duration: 13 days

A trek to Langtang valley begins from Sundarimal, Kathmandu. Gosaikunda Lake is most sacred to both Hindus and Buddhists who pay homage to Lord Shiva. The route to Gosaikunda area passes through diverse landscapes ranging from sub tropical to alpine forests.

Langtang Gosaikunda Trek



Duration: 16 days

A trek to Langtang valley begins with a drive to Melamchipul Bazaar from Kathmandu. Upon arrival in Melamchipul Bazaar we stay overnight in a local lodge and next day morning we start trek to the sacred Lake of Gosaikunda which is our ultimate destination of the trek.

Helambu Short Trek

Duration: 8 days

This trek is proposed for those travellers who have less time to stay in Nepal but wish to travel not too far from Kathmandu Valley. Helambu is a low level trekking region north of Kathmandu. The trekking trail allows us to walk through forests of rhododendron, pine, oak.



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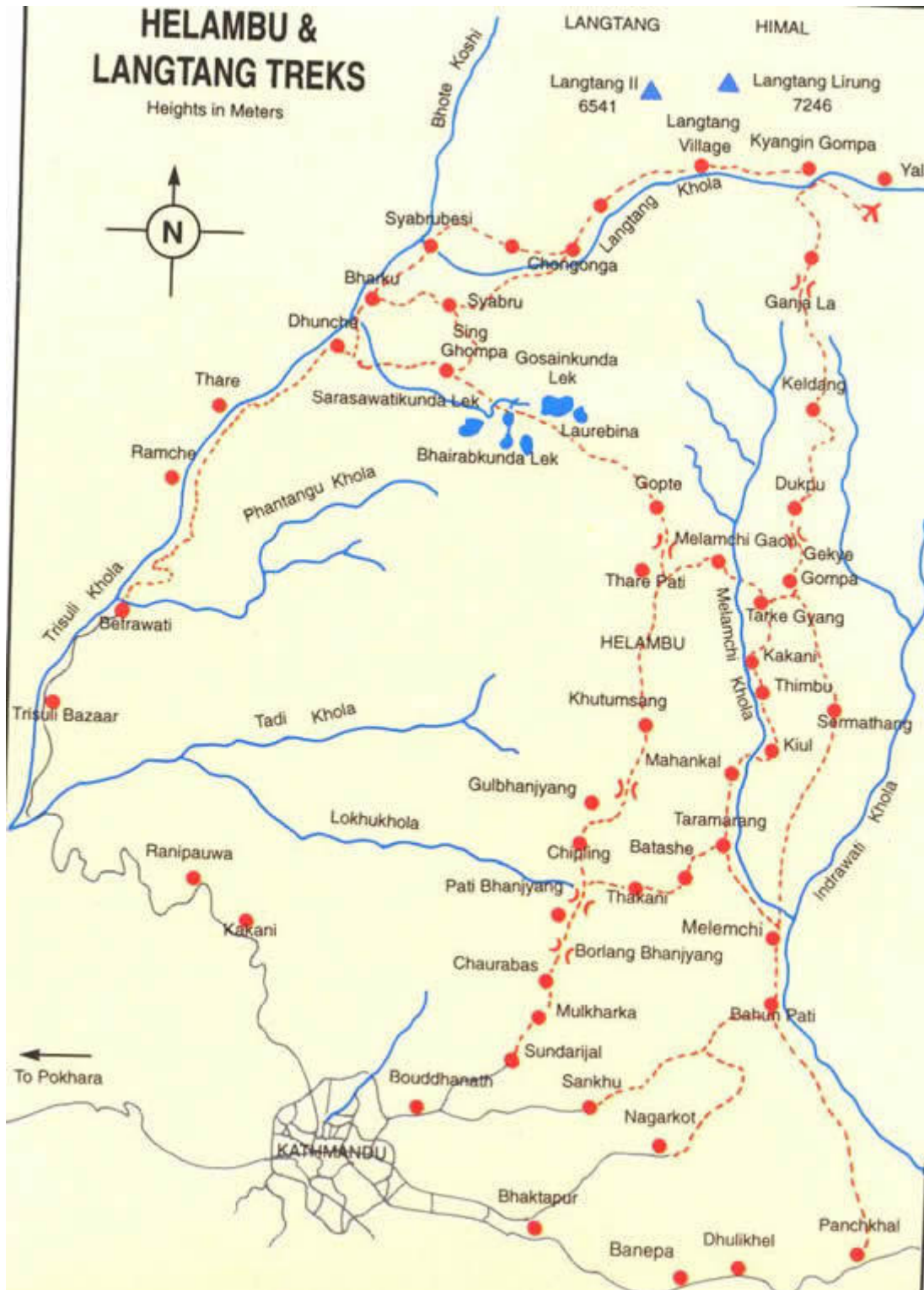


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Map



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