



Great Wall Nepal Pvt. Ltd.

... Travel Beyond



## Trekking in the Everest Region

This is the most popular trekking region in Nepal. The popularity of the Mount Everest makes this region the most trekked area. Most of the treks start with a flight from Kathmandu to Lukla (2840m). A two days trek from Lukla leads to Namche Bazaar (3480m). After an easy first day trekking from Lukla the second day to Namche Bazaar is a strenuous one. One rest day at Namche Bazaar is recommended for acclimatization. From here various trails can be chosen; from a moderate Panorama Trek to a strenuous Everest Base Camp, Gokyo and Chhola Pass. This is a land of summiteers, the Sherpas. Three of the world's 10 highest peaks- Lohtse, Cho yu and the Mount Everest are located in this region. The first man on Everest Tenzing Norgay Sherpa's village, Thame is located one day away from Namche Bazaar. This area also has a network of decent lodges and teahouses which make the trek memorable with their service with big smiles.

Currently Great Wall Nepal offers three popular treks in the Everest Region as a package tour:

### Everest Basecamp Trek

Duration: 16 days

Trekking into the Everest region is probably the best known of all the treks in Nepal. The trip begins with the flight to Lukla and treks through beautiful valleys, dense forests of Everest National Park up to Namche Bazaar, the largest Sherpa settlement.



### Everest Panorama Trek



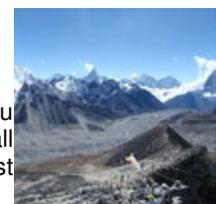
Duration: 13 days

This trip is recommended to those who have only a short time for trekking in Nepal. Starting with a flight from Kathmandu to Lukla, the trek begins to Namche Bazaar, the major town of the Khumbu region. During the acclimatization day at Namche Bazaar we have an excursion around the market.

### EBC- Kalapathar- Chola- Gokyo- Lukla

Duration: 20 days

This trek offers cultural and natural beauty of the Khumbu region. The trip starts from Kathmandu with a flight to Lukla and ends in Kathmandu. During the trekking trip we will come across all important highlights of the region that includes Gokyo Ri, Cho La Pass, Kalapathar & Everest Base Camp.



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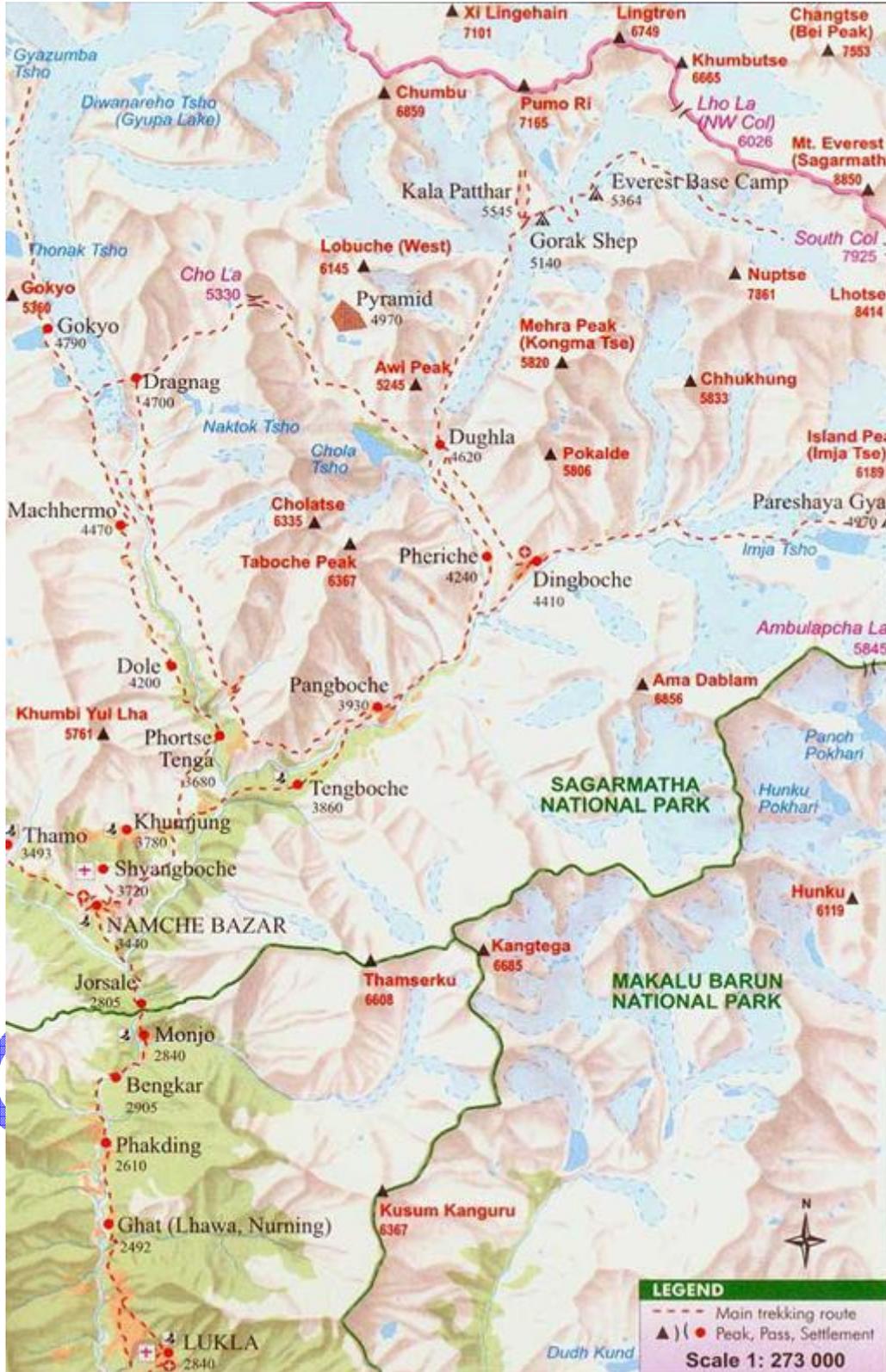


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Map:



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