



Great Wall Nepal Pvt. Ltd.

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## Rara National Park

Rara National Park, Nepal's smallest national park and yet largest lake (10,8 km<sup>2</sup>) at an altitude of 2990 metres. The lake plays a predominant role in the landscape as well as snow-capped peaks such as Chuchemare Peak, Ruman Kand and Malika Kand.

### Practical:

Size: 106 Km<sup>2</sup>

Established: 1976

Best Season: September - October and April - May

Park Main Entrance: Talcha

Location: North-Western Himalayas



### Climate

Rara National Park has an Alpine Climate with very cold winters from December to March. Temperatures predominantly stay below zero degrees Celsius and heavy snowfall occurs, blocking the high passes. From April to June the temperature rises and the high passes become accessible again, till the Monsoon kicks in from June to August. September and October provide excellent weather to visit Rara National Park.

### Flora and Fauna

Rara is small but yet houses 11 eco-systems ranging from Sub-Alpine to Temperate Forest. The vegetation consists of 69 vascular plants and trees such as Chir Pine, Nepalese Alder, Walnuts, Oaks, Cypresses, Spruces, Blue Pine and Rhododendrons.

Rara National Park is also home to 51 mammal species and 241 bird species. Mammals include: Musk Deer, Himalayan Black Bear, Leopard, Jackal, Himalayan Tahr, Yellow Throated Marten, Otter, Wild Dog, Common Langur, Rhesus Macaque and the Red Panda. Bird species include the Snow Cock, Coots, Grebes, Mallard, Common Teal, Red-Crested Pochard and gulls. Furthermore the Rara National Park is home to three out of the six endemic fish species: Schizothorax Macrophthalmus, Schizothorax Nepalensis and the Schizothorax Raraensis.

### Areas of Interest

The Landmark of Rara National Park is the 15 square kilometre large Rara Lake at an altitude of 2990 metres. The oval shaped lake has a maximum depth of 167 metres and is home to the endemic Snow Trout. A circular trail around the lake has been developed for the visitors, as well as a boating facility.



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The several temples and shrines in the park and its buffer zone are also of interest for the visitor. It is in this region that the Nepali language is said to have originated.

### Activities

Rara National Park is ideal for Trekkers, Birdwatchers and Nature Lovers.



### Access

The park is best reached by flight to the Talcha Airstrip which is located just a few hours trekking from the park head quarters. Talcha can be reached by scheduled flight from Nepalgunj. Another way to reach the park is by flying to Jumla and from there walk to the headquarters in approximately two and a half days. If trekking is the main aim of your holiday, than consider making a Trek to this National Park in ten days from Surkhet or in five days from Dailekh.

### Facilities

Rara is remotely located and not frequently visited by tourists, hence the facilities are limited. Apart from some basic facilities with limited capacity there are no facilities, so it is best to bring your own Tent, Food, Cooking Materials and well equipped first-aid kit with you. If you need any help organising your accommodation or activities in Rara National Park, please contact us.

### Park Information

Rara National Park Office  
Hutu, Mugu  
Tel: +977 (87) 450101



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